

HAYDEN LAKE FAMILY PHYSICIANS
8181 N Cornerstone Dr.
Hayden, ID 83835
208-772-0785

TREADMILL INSTRUCTIONS

DR. RISKE _____

DR. BORSHEIM _____

DR. BROSOSKY _____

DEBORAH LONG _____

DR. WEBSTER _____

Day of the procedure:

NO beta blockers (Example: Atenolol, Metoprolol, Propanolol) the day of the appointment.

NO caffeine 4 hours prior to appointment.

NO eating 2 hours prior to appointment.

Wear comfortable shoes and clothing to appointment.

DATE: _____

TIME: _____

Maish